



HANDWRITING PRACTICE SHEET FOR ADULT 1

Aa Aa

Cc Cc

Ee Ee

Gg Gg

Ii Ii

Kk Kk

Mm Mm

Oo Oo

Qq Qq

Ss Ss

Uu Uu

Ww Ww

Yy Yy

Bb Bb

Dd Dd

Ff Ff

Hh Hh

Jj Jj

Ll Ll

Nn Nn

Pp Pp

Rr Rr

Tt Tt

Vv Vv

Xx Xx

Zz Zz



HANDWRITING PRACTICE SHEET FOR ADULT 2

In three words I can sum up everything I've learned about life: it goes on.

TRACE

In three words I can sum up everything I've learned about life: it goes on.

& PRACTICE

A room without books is like a body without a soul.

TRACE

A room without books is like a body without a soul.

& PRACTICE

Not how long, but how well you have lived is the main thing.

TRACE

Not how long, but how well you have lived is the main thing.

& PRACTICE



HANDWRITING PRACTICE SHEET FOR ADULT 3

Life is what happens when you're busy making other plans.

TRACE

Life is what happens when you're busy making other plans.

& PRACTICE

You only live once, but if you do it right, once is enough.

TRACE

You only live once, but if you do it right, once is enough.

& PRACTICE

Never let the fear of striking out keep you from playing the game.

TRACE

Never let the fear of striking out keep you from playing the game.

& PRACTICE



HANDWRITING PRACTICE SHEET FOR ADULT 4

Monday Monday

Tuesday Tuesday

Wednesday Wednesday

Thursday Thursday

Friday Friday

Saturday Saturday

Sunday Sunday

January January

February February

March March

April April

May May

June June

July July

August August

September September

October October

November November

December December



HANDWRITING PRACTICE SHEET FOR ADULT 5

CREATE YOUR OWN STYLE OF HANDWRITING

A series of horizontal lines for handwriting practice. Each line set consists of a solid top line, a dashed middle line, and a solid bottom line. There are 15 such sets of lines filling the page.



HANDWRITING PRACTICE SHEET FOR ADULT 6

The quick brown fox jumps over the lazy dog

The quick brown fox jumps over the lazy dog

The quick brown fox jumps over the lazy dog

The quick brown fox jumps over the lazy dog

The quick brown fox jumps over the lazy dog

The quick brown fox jumps over the lazy dog



HANDWRITING PRACTICE SHEET FOR ADULT 7

A penny saved is a penny earned

It's fun to do the impossible

The truth is the strongest argument

Make each day your masterpiece

Honesty is the best policy

Handwriting Practice

Trace the following sentences and then write it one time on your own.

The first Jack-o-
Lantern was carved
out of a turnip!



Handwriting Practice

Trace the following sentences and then write it one time on your own.

Pumpkins are a fruit,
not a vegetable!



Handwriting Practice

Trace the following sentences and then write it one time on your own.

Superhero costumes
are the most popular
Halloween costumes!



Handwriting Practice

Trace the following sentences and then write it one time on your own.

Halloween is celebrated
every year on October 31.



Handwriting Practice

Trace the following sentences and then write it one time on your own.

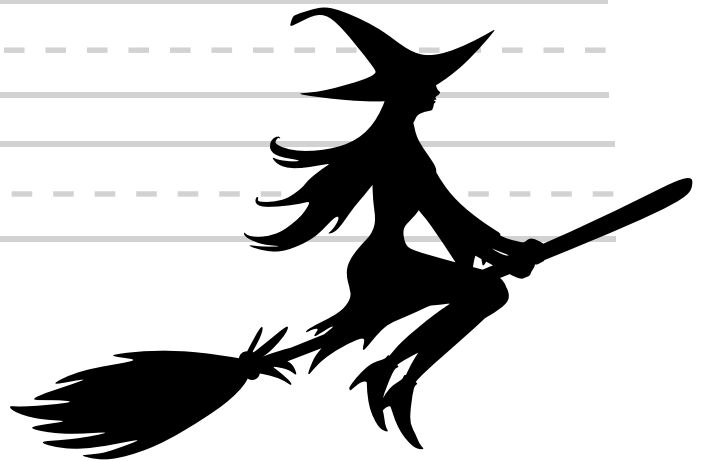
Halloween traditions date
back to 2,000 years ago.



Handwriting Practice

Trace the following sentences and then write it one time on your own.

Candy corn was originally
called "chicken feed."



Handwriting Practice

Trace the following sentences and then write it one time on your own.

The heaviest jack-o'-

lantern weighed 2,684

pounds.



Handwriting Practice

Trace the following sentences and then write it one time on your own.

People originally carved
turnips instead of
pumpkins.



Handwriting Practice

Trace the following sentences and then write it one time on your own.

The most lit jack-o'-
lanterns on display is
30,581.

