



Functional Skills Checklist

- Can the student effectively communicate using verbal and nonverbal communication ?
- Can the student perform personal care tasks?
- Can the student perform daily living tasks ?
- Can the student participate in social activities?
- Can the student speak up for themselves, ask for help when needed, and make informed decisions about their own life?
- Can the student handle money, write checks, balance a chequebook, and make purchases?
- Can the student plan, prioritise, and manage their time effectively?
- Can the student follow instructions, communicate effectively, and work well with others in a professional setting?
- Can the student use the telephone effectively, including dialing and leaving messages?
- Can the student manage personal hygiene effectively, including brushing teeth, washing hands, and using the toilet?
- Can the student prepare simple meals and snacks independently?
- Can the student do laundry and iron clothes?
- Can the student use public transportation and navigate their community independently?



Functional Skills Checklist

- Can the student use public transportation and navigate their community independently?
- Can the student identify and ask for assistance when needed?
- Can the student manage their own medications and follow a prescribed schedule?
- Can the student recognize and respond appropriately to dangerous or emergency situations?
- Can the student understand and follow basic safety rules and procedures?
- Can the student understand and follow basic rules for social conduct and etiquette?
- Can the student understand and follow basic rules for personal and public health and hygiene?
- Can the student understand and follow basic rules for environmental safety and conservation?
- Can the student understand and follow basic rules for workplace safety and productivity?
- Can the student understand and follow basic rules for personal finance and budgeting?
- Can the student understand and follow basic rules for time management and scheduling?
- Can the student understand and follow basic rules for home maintenance and repair?
- Can the student understand and follow basic rules for using technology, such as computers and smartphones?